



#1
AMAZON
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SELLER

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RAWINIA

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CHANGE

WHAT WILL YOU CHOOSE?

Sometimes change is the catalyst between things getting better, and things getting worse. Will you stay stuck in comfort? Or will you choose change?

PART OF THE PROCESS

Baby girl, this is just part of the process. Change is not easy, but sometimes it's necessary. Change can teach you so many things. It teaches you how to be agile, resilient, and strong. It teaches you how to ride the waves. At times smooth, and at times tumultuous. Change is inevitable. It is the one constant in life. It's how you deal with it that's the learning. It's how you rise, no matter how many times you fall. It's how you smile, even after all the tears. It's how you still find a multitude of things to be grateful for, no matter how much it feels uncomfortable. Yes, change can be scary, but it can also be beautiful if you let it. So please stop resisting it and embrace it. Let it in. Let it be and enjoy the ride.

NOTE TO SELF: IT'S UP TO YOU

Sometimes you have to hit rock bottom to want to change. I know because I've been there. I know because it wasn't until my world was crumbling down around me that I realised I had the power to change. Only I had the power to choose something different. Because it's true when they say the definition of insanity is doing the same thing and expecting a different result. Maybe you've tried *everything*, and things still aren't changing. You've got to try something new.

HARD TRUTH

Sometimes it's you who needs to change, not the other person.

Sometimes you need to change how you see them and perceive them. It's not their words, actions or behaviours.

HARD TRUTH II

If you want something different.

You have to do something different.

Similarly, you will have to face your fears.

ENDINGS AND BEGINNINGS

I hope you know it's all going to be okay. I hope that even amongst the darkness you can see the light. That even when things feel heavy, hard, and at times, hopeless, you believe deep down there's more. That you have faith, and you have the courage to surrender and let go. That you have the faith that God is holding you. That you have faith that it won't always be this way. I hope one day you learn to see the beauty in this space. The beauty which exists in endings and beginnings. The beauty in what it means to change.

DO IT ANYWAY

I know you're scared to change. I know you're scared to do something different. You're scared about whether or not you'll fail, fall flat on your face, or if it will all work out. I know you're used to how things are, it's easy just to stay here in this space. And I hope you can find the will deep within you to do it anyway. I hope you can take a step forward towards your dream, and you slowly walk away from the life which isn't serving you and isn't supportive. You slowly start to take a step in the direction of what it is you do want. Walking away from all it is that you don't want.

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